



Friday 23rd May 2025

Headteachers report of the week

As we head into a well-deserved half-term break, I am delighted to share some of the fantastic achievements and joyful moments from across our school community this week. Mason had a truly incredible week at Nescliffe Woods during Forest School! Not only did he celebrate his birthday with a delicious Kinder Bueno cake, but he also radiated positivity throughout the week. His enthusiasm and kindness have been a joy to witness – well done, Mason!

A huge congratulations to Willow, who has completed her Bronze Award for learning to plait at Springbank Riding School. This is a brilliant achievement that reflects her patience, perseverance and growing confidence. We're all very proud of you, Willow!

Leo impressed us all by making croissants with vanilla butter – a delicious and ambitious bake that had everyone's mouths watering. Meanwhile, Rhys made sausage rolls for the first time, showing great focus and care in the kitchen. Well done, chefs!

Saplings 2 created a stunning Biscoff cheesecake, beautifully topped with fresh strawberries. A perfect blend of creativity and teamwork! Saplings 3 got busy baking and decorating cupcakes, adding their own colourful flair to each one. The results were as delightful to look at as they were to eat!

In the Nest, our learners have been diving deep into maths with brilliant independent learning. The focus, determination, and problem-solving skills on display have been truly inspiring.

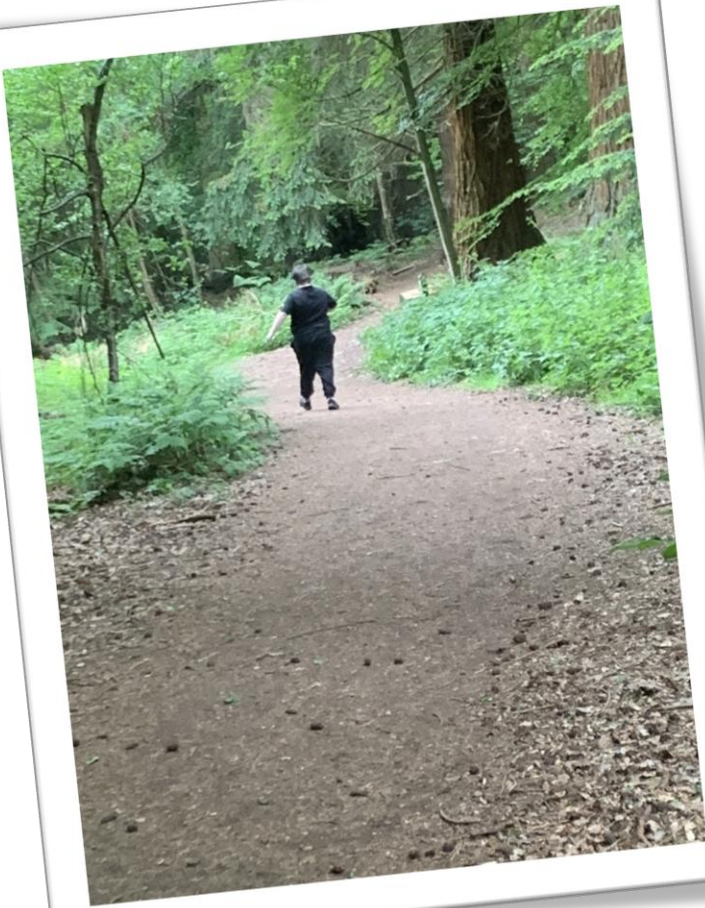
As always, thank you for your continued support and encouragement. Wishing you all a restful, joyful and safe half-term break!

Best Wishes

Jules



As Mason stepped into Nescliffe Wood, he paused to watch a squirrel dart up an oak tree.



Forest
School



As he ventured further along the trail, he found a fallen log and Woodlands camp, where with the support of Gaz he made his delicious dinner.



Here in the heart of the woods, time seemed to slow, and the worries of the week faded away.



Willow completed a Bronze award and learnt to plait. I've sent you a copy of the certificate and a pic of the plaits just because she did a fab job!

- Becky, Springbank Riding School



Well done!
Willow

Leo made these Croissants this morning, turned out amazing, they were flavoured with vanilla butter, delicious!

- Debbie J



Mason has had an incredible positive week. He has completed all his work, been positive and engaged in lessons and been really supportive in ensuring people are kind to each other.



We treated his positive behaviour with a chocolate kinder Bueno cake and a sing and dance to "Happy Birthday to ya"

- Magz





Saplings 2 made Biscoff
cheesecake and decorated them
with fresh strawberries.

- Debbie J





Rhys from the Catering Options group made sausage rolls for the first time today, he carefully rolled out the pastry and cut them into even sizes glazing them with egg.

- Debbie J



Saplings 3 made cup cakes and enjoyed decorating them with various sprinkles.

- Debbie J



Headteachers Awards



**Shout out for Xander Arran and
Oliver B for their brilliant maths
lesson yesterday.
Very focused and great
independent learning
- Wendy**



Woodlands Shout Outs



- Mason for showing great kindness towards staff and respecting others property – Helen D
- Shout out to Ryan, I was really impressed with his cooking skills and his positive attitude within lesson - Simon
- Shout out to Tyler H and Leighton for representing the school superbly at our recent fixture against Kick Start – James
- Shout out to the whole football team for a superb game and representing the school well. – James

Sending an Email to the Safeguarding Team

safeguarding@wdl.mmat.co.uk

- If you have any worries Parents/Carers or Students, please email the above address.
- Students, you can use your school accounts or personal email addresses.

Why not follow us on Facebook

<https://www.facebook.com/WoodlandsShropshire/>

Or

Take a look at our website!

www.woodlands.school

Or

**Join the conversation - We love hearing from you!
Share your thoughts, questions, and suggestions
with us.**

rachel.bates@wdl.mmat.co.uk

**If you need to contact us out of normal school
hours, please either email on the above address**

or call Rachel Bates on **07967 763324**



Shrewsbury Academy

Parkrun

**Get moving,
feel great,
and do
something
incredible!**



Who?
Calling all Parents
to bring their
children along (in
their PE kits) to walk
or run the 5k
course.

Where?
The Quarry,
Shrewsbury,
Shropshire,
SY1 1RN.

What do you need?
PE kit, trainers,
enthusiasm and a
small donation!
*(There will
be collection
buckets nearby)*

***Every
step counts!***

Shrewsbury Academy students are stepping up to support **S4T** our school's **food bank** — and we need **YOU** to join the mission!

Join us for Parkrun on **Saturday 28th June 9.00am** and help make a difference!

Meet and Chat SEND

Are you a parent carer of a child with Special Educational Needs and Disabilities (SEND)?

Then please join us on Thursday 19 June 2025, between 2 and 4pm at Raven House, Market Drayton, for an informal drop-in session where they can ask questions, get advice, and explore the support available to them within Shropshire. Speak to a range of professionals who can help with:

- Education, health, and Care Plans (EHCPs)
- School support and advocacy
- Health and Wellbeing for children with SEND
- Social care and family support
- Mental health and emotional wellbeing
- Advice for navigating SEND challenges

Each session will have different professionals available, so come along, have a chat, and find the help you need!

SEND Meet and Chat Family Drop-In (Bridgnorth Library)

Are you a parent or carer of a child with Special Educational Needs and Disabilities (SEND)? Join ...

Bridgnorth Library

📅 Once on 14/10/2025 from 13:00 to 15:00 - between Tue, 14 Oct 2025 to Tue, 14 Oct 2025

📍 Bridgnorth area

[Find out more >](#)

[Save](#) ❤️

SEND Meet and Chat Family Drop-In (Ludlow Youth Centre)

Are you a parent or carer of a child with Special Educational Needs and Disabilities (SEND)? Join ...

Helena Lane Community Centre

📅 Once on 22/07/2025 from 13:30 to 15:30 - between Tue, 22 Jul 2025 to Tue, 22 Jul 2025

📍 Ludlow area

[Find out more >](#)

[Save](#) ❤️

SEND Meet and Chat Family Drop-In (Oswestry Library)

Are you a parent or carer of a child with Special Educational Needs and Disabilities (SEND)? Join ...

Oswestry Library

📅 Once on 04/12/2025 from 13:00 to 15:00 - between Thu, 4 Dec 2025 to Thu, 4 Dec 2025

📍 Oswestry area

[Find out more >](#)

[Save](#) ❤️

SEND Meet and Chat Family Drop-In (Raven House)

Are you a parent or carer of a child with Special Educational Needs and Disabilities (SEND)? Join ...

Raven House

📅 Once on 19/06/2025 from 14:00 to 16:00 - between Thu, 19 Jun 2025 to Thu, 19 Jun 2025

📅 Once on 23/09/2025 from 14:00 to 16:00 - between Tue, 23 Sept 2025 to Tue, 23 Sept 2025

📍 Market Drayton area

SEND Meet and Chat Family Drop-In (The Lantern)

Are you a parent or carer of a child with Special Educational Needs and Disabilities (SEND)? Join ...

The Lantern

📅 Once on 13/11/2025 from 10:00 to 12:00 - between Thu, 13 Nov 2025 to Thu, 13 Nov 2025

📍 Shrewsbury area

SEND Meet and Chat Family Drop-In (Sunflower House)

Are you a parent or carer of a child with Special Educational Needs and Disabilities (SEND)? Joi...

Sunflower House (Shrewsbury)

📍 Shrewsbury area

What's on this half term?

There's another school holiday just round the corner, and so our Family Information Service (FIS) has been working hard to find out what's on this half term.

Their directory is filled with a fantastic line-up of events and experiences that will make this week truly memorable for families

You can find information about [things to do](#) or if families need [registered childcare](#) the FIS has that covered to.



Parenting Help and Support Line

The Parenting Help and Support Line are here for parents with a friendly listening ear and practical advice on everything from behaviours that challenge to sleep issues. No judgment, just support.

Call 01743 250950

Monday - Thursday, 9.30am - 4.30pm

Friday, 9.30am - 3.30pm

Email: parenting.team@shropshire.gov.uk



Kids – Universal Autism Support in Shropshire

As you may be aware, the Shropshire Universal Autism Support contract has been transferred from Autism West Midlands to Kids.



Here is a link to the Kids website where further information about the support available in Shropshire [Shropshire Universal Autism Support Service - Kids](#)

They also have a flyer which you can read to find out more about how they can support you and your family. [Kids - Universal Autism Support Service in Shropshire | Shropshire Council](#)

Early Help Coffee and Chat Drop Ins

It's fair to say that all parents from time to time need some help and support with issues that impact on family life.

There is help and support available in Shropshire through our Early Help coffee and chat drop ins – some of which are also stay and play sessions.

You can get free Information, advice and support on all aspects of family life, at our Family Drop-Ins. You can chat, have a cuppa and see how we can help you with:

- Family life
- Parenting support
- Domestic abuse support
- Money worries
- Housing support
- Special Educational Needs and Disabilities (SEND)
- and much more

To find your local drop in please visit the [Shropshire Family Information Service Directory](#)



Does your child struggle with their sleep?

Free Sleep Tight Groups Join us on one of our virtual or face-to-face groups which run for 5 weeks and:

- Find out why sleep is important for our health and emotional wellbeing
- Get support to help improve sleep and bedtime routines
- Meet other parents/carers to share and discuss experiences

Our next groups start:

Sleep Tight SEND Monday 9th June 2025 from 12.45pm to 2.45pm Virtually Via MS Teams or

Sleep Tight Monday 16th June 2025 from 9.15am to 11.15am Virtually via MS Teams

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups. To book a place email Parenting.team@shropshire.gov.uk or call 01743 25095



Shropshire, Telford and Wrekin Children and Young People's Emotional Wellbeing and Mental Health Service Update

NHS Shropshire, Telford and Wrekin Integrated Care Board (ICB) currently holds a contract with the Midlands Partnership University NHS Foundation Trust (MPFT) for the delivery of local Children and Adolescent Mental Health Services (CAMHS), known as BeeU.



A comprehensive piece of work is underway to redesign and recommission a CAMHS service that will replace BeeU. The process will be conducted through a competitive procurement exercise in accordance with Health Care Services (Provider Selection Regime) Regulations 2023 (PSR). The service launch, initially set for 1 October 2025, has been delayed due to the need for additional review, and due diligence.

The BeeU contract with MPFT will be extended until 31 March 2026 to ensure service continuity, with the newly commissioned CAMHS service commencing on 1 April 2026. In parallel, efforts continue to improve in-year service delivery, particularly around access and waiting times.

In light of this revision a revised timeline of next steps has been developed. Following the engagement period, which closed on 7 March, a comprehensive engagement report has been developed. The insight from the engagement will be considered and will help shape the final service specification. The full engagement report will be published on NHS Shropshire, Telford and Wrekin's website [here](#).

Following the approval of the final service specification, the procurement process is expected to begin in late summer, with the contract expected to be awarded towards the end of 2025. The new CAMHS service is scheduled to go live 1 April 2026.

NHS Shropshire, Telford and Wrekin remains committed to delivering a high-quality, sustainable CAMHS service that meets the needs of children and young people. Stakeholders will be kept informed as we progress towards the new service implementation, ensuring a safe and effective transition for service users and providers alike.

If you have any questions or require further information, please contact stw.communications@nhs.net

Mad, Sad, Glad – How are parent carers feeling in Shropshire?

Shropshire Parent Carer Council (PACC) latest Mad, Sad, Glad report reflects on the feedback Parent Carers across Shropshire have provided.

This year's report is unsurprisingly hard to read. Many families are experiencing difficulties, and these are often not single isolated issues, but a complex collection of concerns and needs that are increasing the frustrations felt by families.

You can read the report from the link below, which will give you an insight into how many SEND families are feeling. Click to read the report [Mad, Sad, Glad Report 2025](#).

Remember that you are not alone, there is support available. The SEND Local Offer list some of the local parent carer run [support groups](#)



PACC's Healthy Lives Programme. Registration is now open for Summer activities.

The Healthy Lives Programme is about supporting the physical and mental wellbeing of children and young people from the Shropshire SEND community, especially those from the Learning Disability and /or Autism communities.

It is about making community-based activities accessible to this group, bringing together activity providers into one co-ordinated programme that offers meaningful opportunities to learn new skills, build confidence, make friends and get active.

Importantly it provides these opportunities during the school and college holidays, a time families tell us can be difficult, when young people miss their friends and routines, and Parent Carers sometimes struggle to balance the demands placed on them.

The programme is not childcare, does not provide 1:1 support and a PA or Parent Carer will need to support children/ young people at activities. The Healthy Lives team ask for a contribution of £5 per child/ young person per activity attended.

To register your interest please complete this form [PACC Healthy Lives Programme 2025-Registration form](#)



Digital Autism Assessment

Access to Healios digital service to undertake Autism Assessment online for those waiting.



Healios is a fully digital service that will undertake your Autism Assessment online. All the clinicians have the qualifications, skills and experience that we would expect from a member of our team and the assessment has the same elements as the assessment that would be completed by BEEU ND Service.

If you have an assessment and diagnosis with Healios it will be recognised as an NHS assessment.

Healios will offer you an appointment within 8 weeks of them receiving your referral and the assessment process will be complete within a further 8 weeks. If you remain on the waiting list with BeeU your waiting time is likely to be up to 24 months

So, what does this mean for you?

This means that your assessment will be completed via your computer/tablet by a specialised clinician.

Healios uses a secure software that can be accessed via your browser and will use your webcam and microphone, similar to Zoom, MS Teams or FaceTime. You will be able to see and hear your clinician and you will also be able to use some of the interactive features during the session.

Following your assessment with Healios, you will receive a report with the outcome of your assessment, which will include recommendations and further signposting to resources and support in your local area. Your report from Healios will be shared with BEEU and your GP.

You will also be able to share a copy of your report with whomever you feel appropriate.

To access a Healios assessment you would need to confirm that you have access to the internet (WiFi) and have a suitable device (laptop/ipad) for your sessions. You will not be able to use a smartphone for your sessions."

For further information please contact BEEU. The administrators will be able to direct the call to the appropriate Team/ staff.

The BEEU number is 0300 124 0093

The caller would then need select option 2 when prompted.

Resources to support children and families while they wait for a health appointment or assessment

A new page has recently been added to the Healthier Together website which provides signposting information for families whose children are waiting for a health assessment or appointment. The page provides information and links to support services relevant to children's



- development or wellbeing
- communication
- physical and sensory needs
- emotional health and wellbeing
- neurodivergent needs
- behaviours of concern
- preparing for adulthood
- SEND support groups for parents and carers

[Support available while waiting for your appointment](#)

This new page joins other recent additions including:

The support offer for Speech Language and Communication Needs - [Support for Speech, Language and Communication Needs \(SLCN\)](#)

The [Neurodiversity pages](#) which contain articles about common neurodivergent conditions and the neurodiversity support offer - [Support for neurodivergent children and their families](#)

The [Healthier Together](#) website provides consistent, accurate and trustworthy healthcare advice for parents, carers, young people and professionals. All the information on the site is checked by clinicians, and local organisations and involves parent carers in its content development.

What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

WHAT ARE THE RISKS?

MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'laugh off' violent content to fit in with friends, even when they find it distressing.

BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

Advice for Parents & Educators

CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is reportharmfulcontent.com.

AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

UNDERSTAND TECH AND TRAUMA

Older children may already know how to block accounts or avoid triggering content. Help younger or more vulnerable children learn these tools and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit onlinemedialawuk.com for more.



#WakeUpWednesday

The National College