

Part of the **Marches** Academy Trust

Talking Heads 



WOODLANDS
SCHOOL

Friday 1st March 2024

Headteachers report of the week

There probably isn't a single person in this building that doesn't know what I did on Sunday last week and no doubt I am boring everyone senseless with my stories and photos! That's because I was lucky enough to get tickets to watch my team WIN the Carabao Cup in the final at Wembley Stadium. In case you don't know (and I would find it surprising if you didn't given how much I go on about it!) I am a fan of THE best team in the world aka Liverpool FC. I am officially a Kopite!

So, on Sunday (did I mention I went to the final?!), as I stood watching a bunch of 18-year-olds winning not only their first minutes for the first team, but their first medals as professionals, I thought about Woodlands. What does Jurgen Klopp do to make those players feel that they can achieve to the levels they have? How does he fill them with belief and confidence when they are part of the Academy, that makes them ready to take their next steps? I listened to him being interviewed after the match and I watched him interact with those players and I thought about the combination of things he does with his team to make them believe in themselves. I think it is a combination of showing them where they are going by training them with the first team who role-model the standard, giving them the opportunities to try it out and make mistakes without feeling they have failed, and showing a unique interest in each of them. But most of all he makes them feel like they are part of something bigger than themselves. That they belong to something special and are working for each other and for their club. I want our children and young people to feel that same sense of belonging, but more importantly, use that to learn and grow and really believe they CAN achieve, because that's what I believe.

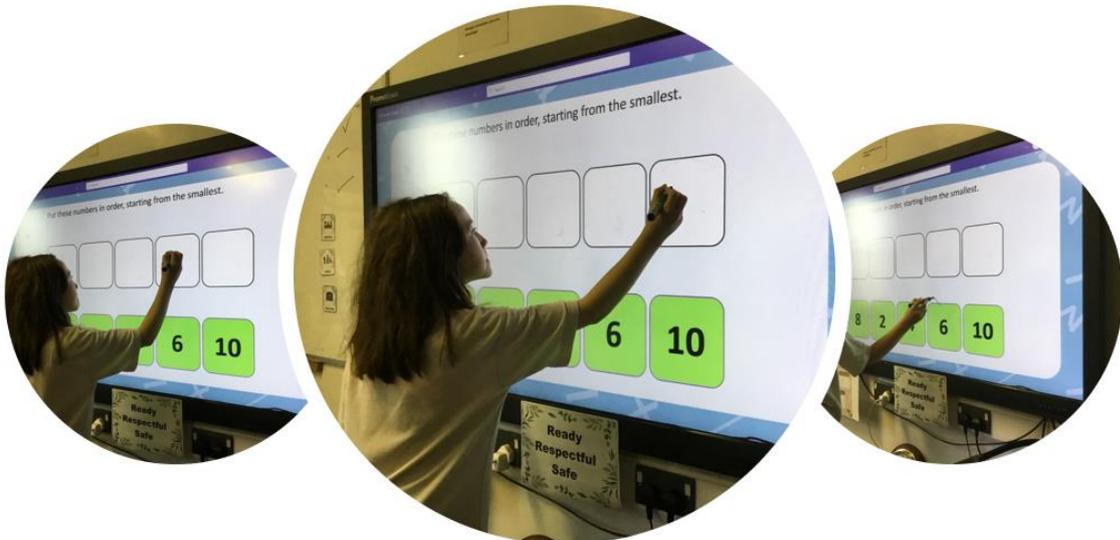
Best Wishes

Jules



Ordering Numbers

Destiny ordered all the numbers from lowest to highest. Using mathematical terms “greater than, less than and equal to.”





**Harry and Oscar helping
take care of Willow the
snake and Rafa the tortoise**

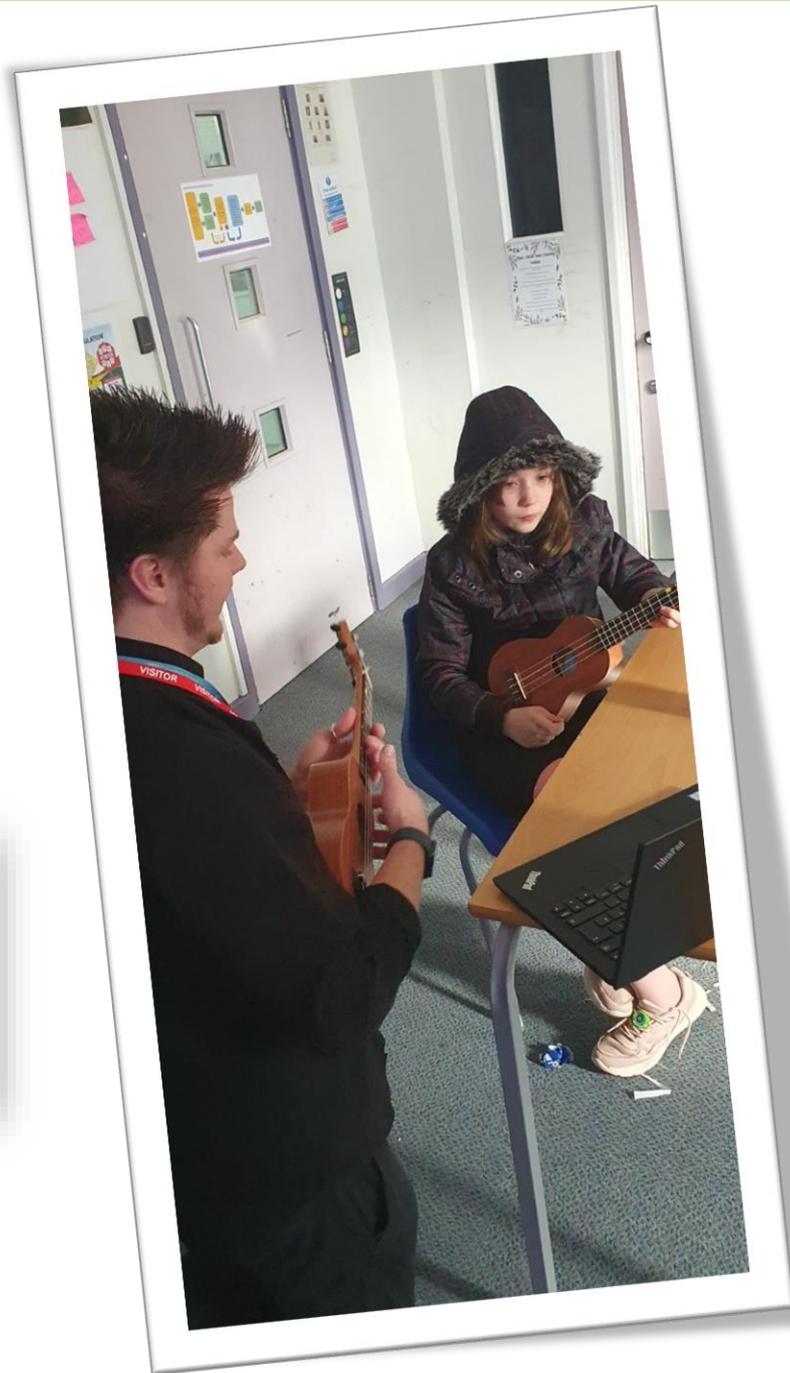
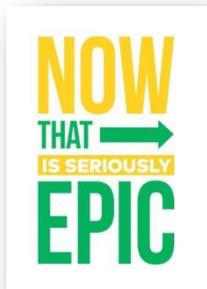
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Fencing Taster

Students had
the opportunity
to have a taster
session in
fencing this
week.





Shropshire Music Service have been into school to teach our students how to play the Ukulele. Destiny really enjoyed her lesson and is looking forward to the next one!



Students' Council

Students came together for Students' Council to promote the voice of the students. Within the meeting student's problem solved and looked at the environment and the impact on the community.

*‘It’s the best place in the
world – it’s mint here’ –
Carly Rogers, Youth
Worker*

Shout Out to
Acorns 3, (Tommy, Arthur,
Noah and Oliver) for
excellent participation in a
lesson on bossy verbs and
identifying them within a set
of instructions. – Maddie F
- Leah

*Great
Work*

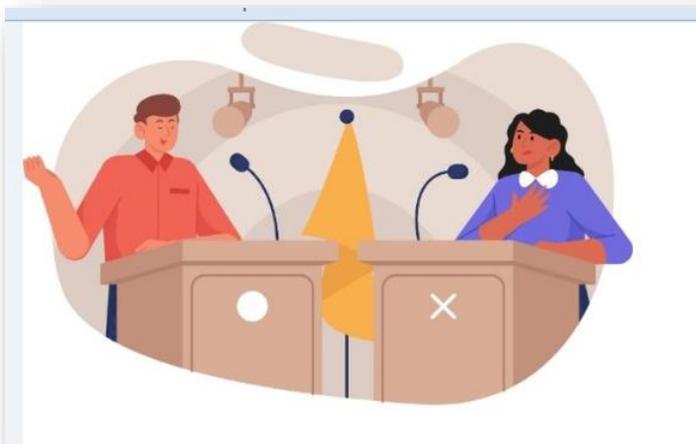
22.03.2024

3 House
Teams



Woodlands
Student Motto
Debate coming
soon

Questions
about
Woodlands
School
Motto





**FRIENDS OF
WOODLANDS
SCHOOL**



Being involved makes a difference!

**Here at Woodlands, we would love Parents to
become part of our community.**

**Please join us on Monday
18th March 1pm – 2pm**

**Dependent on location, a lift may be
available. Please contact reception if
you would like one.**

**At the
Ol' Chemist,
4-5 Market Street,
Shrewsbury
SY1 1LE**

Skills and knowledge

You'll need:

- persistence and determination
- the ability to use your initiative
- to be flexible and open to change
- to enjoy working with other people
- excellent verbal communication skills
- the ability to understand people's reactions
- knowledge of media production and communication
- the ability to work well with others
- to be able to carry out basic tasks on a computer or hand-held device

You'll need to:

- pass enhanced background checks as you may work with children and vulnerable adults

Day-to-day tasks

In this role you would:

- perform in front of a live audience
- create and rehearse new material
- promote your act
- attend auditions
- maintain equipment, costumes and props
- deal with your finances and administration

Working environment

You could work in a theatre, at a social club, in the community, on a cruise ship, in a hotel or at a client's home.

Your working environment may be outdoors some of the time and you may spend nights away from home.

Career progression

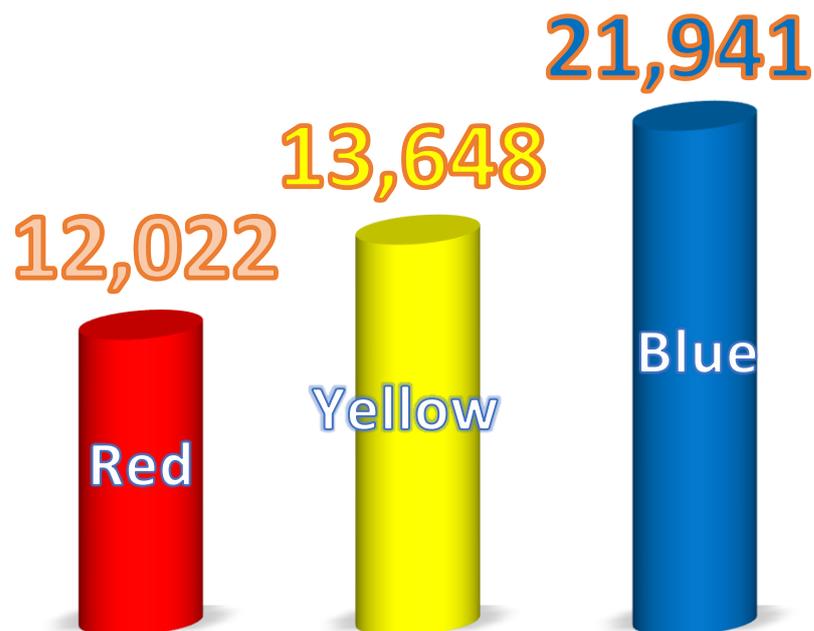
You could move into related roles like entertainment agent, talent spotter, venue management, or TV or radio presenting.

**HOUSE CUP
WINNERS
2024
ANNOUNCED
JULY**

Upcoming House Events



22nd March 2024	Debate
24th May 2024	Quiz off
July 2024	House Sports Day Finale



House Totals



This Week at WOODLANDS

- Brae, Brandon and Luke have given Some really useful feedback this week.
- Ryan has been an excellent team player this week, supporting his friend to regulate through basketball. We are all very proud of you Ryan – Well done!
- Lovely to see Harvey this week – Great effort Harvey!
- Oscar L has been into maths twice in one day – Wow, Superstar!!
- Aaron had a very positive day – worked really well – we are all very impressed and proud – Great job!
- Oscar C – also had a very positive day, Oscar has done some amazing work and concentrated really hard – super proud of you Oscar – Well done!
- Saplings 1 had an incredible morning and they all earned Gold Tokens – Amazing!!
- Morgan was a great mentor to a younger student supporting them to make positive choices.
- Caleb had a great lesson with Hannah – Great work!
- Leo M has gone to Reach and had a great day – Brilliant effort Leo!





Students with 100% Attendance last week

McKenzie	Saplings 1
Riley	Saplings 1
Ryan	Saplings 3
Oscar-Freddie	Acorns 2
Arran	Acorns 1
Willow	Saplings 3
Mason	Acorns 2
Jodie	Oaks 3
Leo	Saplings 1
Noah	Acorns 1
Rhys	Saplings 3
Tommy	Acorns 3
Romeo	Saplings 3
Brandon	Oaks 2
Taylor	Acorns 2
Millie	Oaks 1
Arthur	Acorns 3
Caleb	Oaks 2
Corey	Oaks 2
Kiean	Acorns 2
Tyler	Saplings 1
Destiny	Acorns 1
Jack-Junior	Oaks 3
Aaron	Oaks 3
Scott	Oaks 1

Challenge of the Week

For Parents/Carers, Students and Staff the challenge this week for anyone willing to give it a try is to

Walking 10,000 steps



Headteacher Awards

- **Oaks 2 – Brandon** – for his outstanding effort in Sports Leaders this week as he has managed to complete his booklet and is ready to be assessed for his coaching.
- **Oaks 1 – Caleb** - for having the best RE lesson despite his class not engaging and for starting his English exam paper!
- **Saplings 3 – Brae** - for having the best history lesson on women's rights!
- **Acorns 1 – Destiny** - for amazing maths and asking for extra maths!!
- **Acorns 2 – Oscar** for an incredible week.



How are my feelings and mental health linked?

Understanding the link between your feelings and mental health can be confusing.

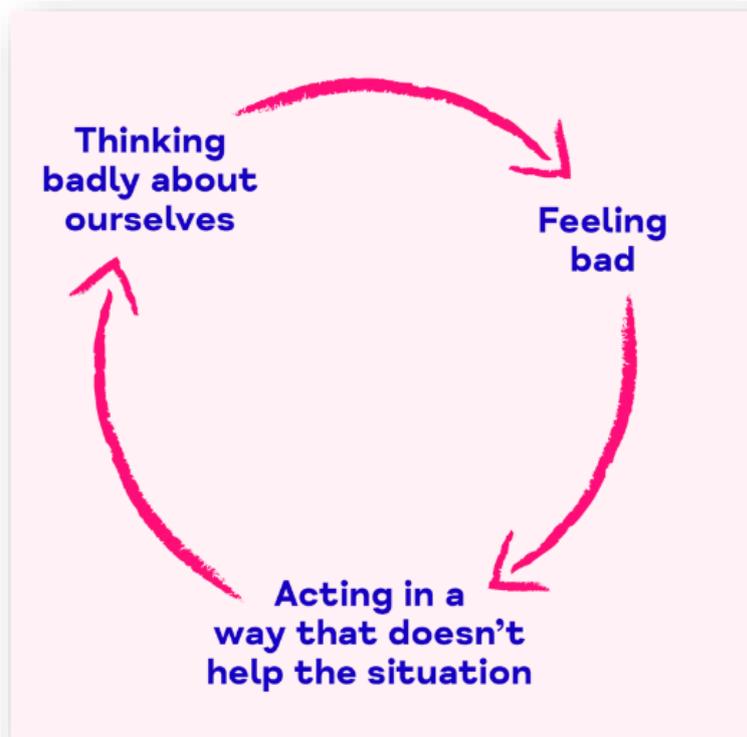
It can help to understand the difference between your thoughts, feelings and behaviours first:

- **Thoughts – what we think about ourselves and situations.**
- **Feelings – part of our emotions and how we experience them.**
- **Behaviours – the way we act and respond.**

For example, if we're late for something, we may:

- **Think badly about ourselves. We might tell ourselves it's our fault and think of what we should have done differently.**
- **Feel worried, stressed, guilty and irritable.**
- **Behave in ways that are not helpful to us. We might rush, forget things or avoid going.**

We might end up being later or not going at all, which starts the cycle again.



How can my feelings help me understand my mental health?

When a situation arises, our thoughts, feelings and behaviours connect to give us our experience. Being aware of all this can help us to judge how we're coping with our mental health.

We can use our thoughts, feelings and behaviours as signs that something needs to change, like if we feel sad or low for a long period of time. Or we can use them as encouragement to keep doing something that makes us feel good.

If you have trouble recognising and understanding your feelings, you may find it harder to cope with difficult feelings. You may not know how to react, or you may react in a way that can be harmful to yourself or someone else.