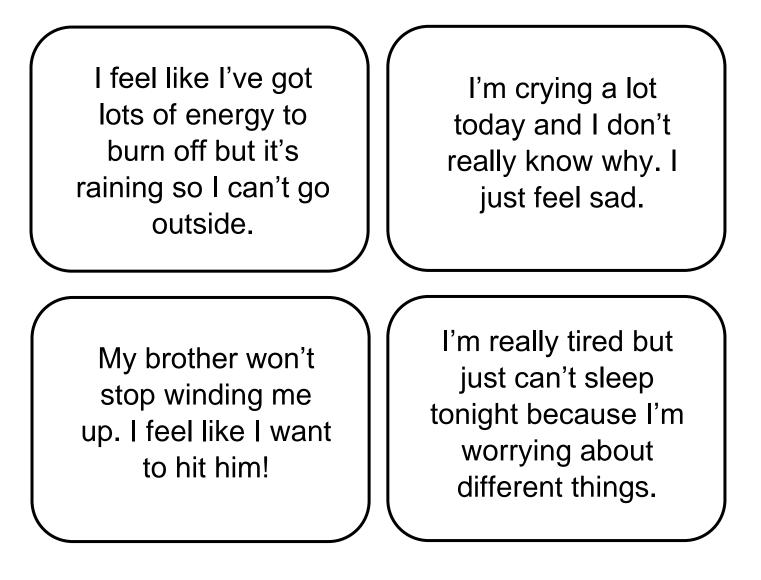


## Scenario Cards for Using Self-Soothe Boxes (SESSION 8)



\*\*\* Remember to encourage children to speak to a trusted adult to share their feelings, as well as using their self-soothe box to help them to calm. \*\*\*