

Getting Ready
for the move to
Secondary School
2020



Events Timeline

Since March, while some children have still been attending school, lots of us have been learning at home.

Now it is June and lots of children have gone back to school, but many are continuing with their home learning.

What has it been like for you since before schools closed and whilst you have been learning at home? Fill in this timeline and think about how you have been feeling at each stage.



A horizontal timeline consisting of five red-outlined rounded rectangular boxes. The third box from the left contains the text "Lockdown".



A horizontal timeline consisting of five purple-outlined rounded rectangular boxes, positioned below the arrow.

Emotions/feelings

Now it is time for us to think about starting the next stage of our education at Secondary School. But first let's think about our time at primary school. You might make a card as below (<http://www.elsa-support.co.uk/love-school-transition-activity/>) or even just think or talk about your time at Primary school.



Think about:

- The teachers you have had from Reception to Year 6
- Your friends
- Your favourite subjects, activities or trips at Primary School
- Favourite after school clubs and activities
- How you have changed since starting in Reception
- The progress you have made since starting in Reception
- A favourite memory from Primary School

If you are able, you might write an email or a letter to a teacher at your primary school or a friend explaining all the things you have been thinking about.

Moving to Secondary School

There will be lots of things that you already know about your new school. How many of these can you complete?

The name of the School is _____

The address is _____

The telephone number is _____

The e-mail address is _____

The website address is _____

The name of the head teacher is _____

Names of members of staff that can help me e.g. Tutor, Head of Year, Pastoral Lead, Learning mentor



Some things at your new school will be very similar to your Primary School, but some will be different.

Look at the following and sort them into 2 piles: things that will be the **SAME** and **DIFFERENT** (and maybe **NOT SURE**):

Lunchtime (time and what we can eat)	The journey to school	School rules
Friends	Teachers	What to do if you're unwell
The time that we start school	Home time	Assembly
Homework	What we need to take to school	Being with older pupils
Our uniform	Lessons	Exams
Classrooms	PE kits	School clubs
How we should behave	Paying for lunch	Finding my way around
Where we keep our bag/PE kits	Break time	

If there are some cards which you are unsure of, make a list on the following **'Things to Find Out'** sheet.

Now, using the same cards, sort them into piles of things you are

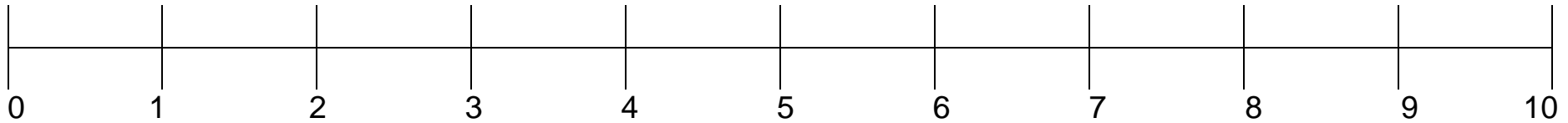
LOOKING FORWARD TO and a bit **WORRIED ABOUT**



LOOKING FORWARD TO



WORRIED ABOUT



For the things you are worried about, talk to your parents or friends:

- What is the worry?
- On the scale of 0 to 10 how worried are you?
- What would help you feel less worried?
- See if you can find the answers to the questions you have or talk to your family, friends or teachers about solutions to your worries.
- Also look at your school website. Often the information there will reassure you about your concerns.

Things to find out

Make a list of the things that you would still like to find out before you start secondary school. For example:

Question	Best way to find out	Answer
What snacks can you buy?	<ul style="list-style-type: none"> • School website • Ask a friend or older brother or sister who has been or already goes to the school • Ask a friend who is going to the school too • Email the school 	
What happens if I need more time to do my homework?		

When you start your new school

You might feel a whole range of emotions all at the same time, including excited and unsure. Don't worry, lots of people will be feeling the same.

Starting a new school is a great way to **make new friends**. Remember to:

- Smile when you say “Hello”.
- Be a good listener. Start the conversation by asking a question e.g.
 - What school did you go to?
 - Do you know many other people at this school?
 - Who is your tutor?
 - What do you like doing?
- Introduce yourself “By the way my name is _____, what’s yours?”
- Share some information about yourself:
 - Do you like X-Box games? My favourite is....
 - That’s my favourite lesson too. I enjoyed working on the computers. What did you like doing?



Getting ready

Uniform and P.E. kit

If you have a new uniform for your school, you might like to try it all on, just to check everything fits. You might also need to practise tying a tie, if your school has one.

Your school will have guidelines for jewellery that you can wear too.



School bag and equipment

Your school will have a list of useful things to bring, including items for your pencil case: pens, pencils, colouring pencils, highlighters, rulers, eraser. You might also need more specialist equipment such as protractor and scientific calculator.

Timetable

Your school might provide you with a planner and a timetable before you start. Have a look at your timetable if you can. Sometimes colour coding subjects e.g. **green** for **Geography** can help you read the timetable more easily.

Finally, **Asking for Help**

Sometimes things can be challenging or not go to plan at school. They might include:

Getting lost

Finding the work hard

There will be lots of people who can help you: friends, older brothers and sisters, parents, teachers, your tutor or head of year. Remember you are not on your own, so always,



REMEMBER TO ASK FOR HELP!